Erasmus+ Funded Training Courses in Cyprus - for teachers, trainers, university staff and adult education professionals:

**Who's eligible?**

Teachers, Adult Education Professionals and Higher Education Staff of organizations, schools and institutions that received the Erasmus+ staff training funding for the school years 2015-2016 and 2016-2017.

*Check with your Erasmus+ Office or the Head Office if funds are available and come for a week of professional training in the sunny island of Cyprus.*

**Course provider?**

ILC inspired Learning Centre in collaboration with [Lifelong Learning Association in Cyprus](http://list.llpcyprus.eu/lists/lt.php?id=LEQCD01TBkVQXFkEWQ).
At [Inspired Learning Centre](http://list.llpcyprus.eu/lists/lt.php?id=LEQCDk1TBkVQXFkEWQ) we believe that learning, whether professional or personal development is concerned, is natural ability of every individual and organization.
Learning should be a creative, exciting, joyful and inspired process which involves unfolding our potential as we step out of the box of current possibilities to the area of new opportunities.
Inspired Learning Centre (ILC) has developed a series of very practical personal development programmes that are delivered in supportive and inspiring atmosphere.

**Courses available - please note that for groups of minimum four participants tailor made training at chosen dates is also an option:**

1. **"Emotionally Wise Educators - Dealing with Stress and Difficult Emotions"**
10 - 15/04/2016

Inner state - our thinking and feelings have tremendous impact on ability to learn. The course offers insights to stress and emotions and develops in educators and leaders extraordinary emotional intelligence and ability to create supportive learning and teaching environment in which both learners and teachers thrive. The course is ideal for organisations committed to holistic professional development of their staff.

See the full training programme and apply [here](http://list.llpcyprus.eu/lists/lt.php?id=LEQHDU1TBkVQXFkEWQ).

1. **"More than Teaching: Coaching Skills for Educators"**
15 - 20/05/2016
19 - 14/10/2016
09 - 14/04/2017
22 - 27/10/2017
20 - 25/08/2017

This course is designed for teachers, trainers, tutors, leaders and other professionals in the field of education, who wish to learn basic coaching skills, deepen their understanding of effective communication process and enhance their capacity to build satisfying and empowering relationship with learners. The seminar aims to develop in the participants' coaching skills and introduce coaching tools that can be applied in the context of formal and informal education to enhance learners' outcomes and educators' job satisfaction.

See the full training programme and apply [here](http://list.llpcyprus.eu/lists/lt.php?id=LEQADk1TBkVQXFkEWQ).

1. **"Train the Inspiring Trainer - Permission to Be Yourself"**
20 - 25/03/2016
25 - 30/09/2016
08 - 13/01/2017
10 - 15/09/2017
7 - 12/05/2017

The participants will have a chance to tap into their passion for teaching as well as practice different teaching methods that allow for more attractive and effective learning and boosted students' motivation. The course helps trainers/teachers/mentors/coaches to unleash their potential more fully, expand their spontaneity, creativity and charisma hence boost their job satisfaction and have greater impact on their learners.

See the full training programme and apply [here](http://list.llpcyprus.eu/lists/lt.php?id=LEQAAU1TBkVQXFkEWQ).

1. **"Unleash the Creative Genius"**
06 - 11/03/2016
05 - 10/06/2016

The course offers innovative understandings and tools for tapping into one's creativity and unleashing entrepreneurial spirit. Creativity is a foundation for "out of the box" and innovative solutions to life challenges and new discoveries. The course is intended for organisations that recognise the fact that developing creativity in staff and students is a jumping point for accessing unlimited potential and creating ground-breaking initiatives.

See the full training programme and apply [here](http://list.llpcyprus.eu/lists/lt.php?id=LEQAAE1TBkVQXFkEWQ).

1. **"Intelligent Leadership - Use Enneagram to Bring out the Best in Yourself and Others"**
21 - 26/02/2016
15 - 20/05/2016
20 - 25/11/2016
05 - 10/02/2017
08 - 13/10/2017
11 - 16/06/2017

Interpersonal diversity of talents, values, needs and challenges calls for flexibility in approaching learners and team members. Enneagram allows for understanding of different people including oneself. As a result of applying Enneagram teachers and leaders will enhance their ability to lead diverse teams and develop their potential as well as discover their own unique style and capitalize on their leadership strengths and work on their developmental areas. Leap advance in "people skills" and new approach to managing teams and institutions are inevitable effects of learning Enneagram!

See the full training programme and apply [here](http://list.llpcyprus.eu/lists/lt.php?id=LEQHCU1TBkVQXFkEWQ).

1. **"Clarity of Mind for Extraordinary Results"**
07 - 12/02/2016
24 - 29/04/2016
04 - 09/12/2016
05 - 10/03/2017
23 - 28/07/2017
03 - 08/12/2017

This course introduces innovative view on human potential, creating results, relating to one another and dealing with problems. It guides the participants to the source of their own wisdom, inspiration and creativity. Whereas nowadays life and culture is characterised by rush and "being busy", this course aims to offer insights into new possibilities that emerge when our mind settles, thinking slows down and we "make room" for "fresh" perceptions. This understanding has proven to have significant positive effect on the wellbeing and productivity of both teachers and students. The guiding motto of this course is "To see clearly means to live wisely".

See the full training programme and apply [here](http://list.llpcyprus.eu/lists/lt.php?id=LEQHCE1TBkVQXFkEWQ).

1. **"Self Learning Strategies - a Guide to Becoming an Autonomous Learner of English"**
22 - 27/05/2016
13 - 18/11/2016
23 - 28/04/2017
24 - 29/09/2017
19 - 24/11/2017

The course is intended to guide the participants on how to make use of developing The Four Skills (reading, writing, listening and speaking) in everyday situations so that they will be able to improve their English themselves on a regular basis and become efficient autonomous learners of the English language. The participants will improve the language and communicative skills in order to express themselves more confidently in an educational working environment.

See the full training programme and apply [here](http://list.llpcyprus.eu/lists/lt.php?id=LEQHC01TBkVQXFkEWQ).

**Lead trainer:**

**Karolina Gladych** is a psychologist, a trainer and a coach dedicated to assisting others in accessing more of their innate wisdom and wellbeing, tapping to their potential, using more of their latent talents and living with greater sense of freedom and possibility. She has extensive experience in training teachers, trainers, managers, administrative staff, local governments and parents. Karolina is also experienced in developing and coordinating international educational projects in the field of adult education. In 2012 Karolina discovered a ground-breaking approach called "3 Principles" which has profoundly transformed her life as well as the way she works with clients.